

**2024 Virtual STAR-Center Conference  
May 10, 2024**

**Will be held virtually via ZOOM**

**INFORMATION TO BE INCLUDED IN CONFERENCE PROGRAM  
(Please complete and return to Jamey Covaleski no later than December 4<sup>th</sup>)**

<b>Name, Credentials, Position Title</b>	Teri Pentz, LPC, IMH-E® Supervisor, Behavioral Health Training  Rachel Ludwig, LCSW Behavioral Health Therapist III
<b>Affiliation:</b>	Child & Adolescent Trauma Services UPMC Western Behavioral Health
<p>Please Provide a Brief Bio (Also please attach a copy of your CV)</p> <p>Teri Pentz has worked with children and families for over 25 years in early intervention and early childhood mental health. She has a master's degree in Counseling Psychology, is a board certified Licensed Professional Counselor, and holds endorsement in Infant Mental Health (Clinical-Mentor level). She has been a direct service provider, service coordinator, and supervisor within several agencies and counties, helping children of all ages. Currently, Teri works at the Theiss Center for Child &amp; Adolescent Trauma as a supervisor, therapist, and trainer, specializing in Child-Parent Psychotherapy and working with young children with trauma histories and children of adoption.</p> <p>Rachel Ludwig, LCSW, is a compassionate Licensed Clinical Social Worker with the Theiss Center for Child &amp; Adolescent Trauma dedicated to utilizing her extensive knowledge and expertise to provide evidence-based mental health treatment. Her clinical experience includes utilizing evidence-based treatments such as TF-CBT and ITCT-A for individual/family therapy, client care-coordination, and providing coordination and supervision for the departments' student interns. Rachel has a passion for working with adolescents and recently assisted in developing an adolescent trauma-focused group therapy curriculum. Certified in TF-CBT and actively pursuing certification in ITCT-A, Rachel brings a comprehensive skill set, including patient advocacy, crisis intervention, gender-responsive therapy, trauma-informed care, and interdisciplinary care planning. Rachel Ludwig is dedicated to making a positive impact on individuals' lives through her dedication to her clients and supporting the education of others.</p>	
<p><b>Skill Development Workshop (1 hr. and 15 min session (includes Q&amp;A))</b>  <b>Title of Presentation</b> (As you would like it to appear in conference program)  A Case Study in the Treatment of Trauma and Suicidality</p>	
<p><b>Description</b> (Please describe your presentation in 50 words or less as you would like it to appear in the conference program)  Utilizing a case presentation format, this workshop will provide participants with a highly interactive training on how to provide clinical treatment to an adolescent exhibiting post-traumatic behaviors and suicidality. Discussion will include the impact of trauma on suicidal ideation and the importance of treating trauma symptoms while stabilizing suicidal behaviors.</p>	
<p><b>Level of Presentation</b> (Select one) (This applies to workshops only)</p>	

Introductory \_\_\_

Intermediate X

Advanced \_\_\_

**Learning Objectives:** (Please list 3)

At the conclusion of this session, participants should be able to:

1. Interpret current clinical symptoms within the context of prior traumatic experiences.
2. Describe best practices for the assessment of traumatic experiences in suicidal youth.
3. Begin to develop treatment goals and interventions that appreciate the influence of early traumatic experiences on current suicidal ideation

**FOR ACCREDITATION PURPOSES PLEASE PROVIDE:**

**Three (3) current (within the past 10 years) peer-reviewed publications that support the evidence base for the content of your presentation. (See next page).**

**Publications must be listed in American Psychological Association (APA) Style (see [www.apastyle.org](http://www.apastyle.org) for more information).**

**APA format for journal article citation:**

**Author last name, Author first initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal*. volume(issue) (if issue numbered), pages.**

1. Rogerson, O., Bagueley, T., & O'Connor, D.B. (2023). Childhood trauma and suicide: Associations between impulsivity, executive functioning, and stress. *Journal of Crisis Intervention and Suicide Prevention*. 44 (5), 433-441.
2. Steward, J.G., Shields, G.S., Esposito, E.C., Cosby, E.A., Allen, N.B., Slavich, G.M., & Auerbach, R.P. (2019). Life stress and suicide in adolescents. *Journal of Abnormal Child Psychology*. 47 (10), 1707-1722.
3. Barbot, B., Eff, H., Weiss, S.R., & McCarthy, J.B. (2021). The role of psychopathology in the relationship between history of maltreatment and suicide attempts among children and adolescent inpatients. *Child and Adolescent Mental Health*. 26 (2), 114-121.

**If there is more than one presenter, please complete only one form and include information for each presenter. Please send a CV, COI form and AV form for each presenter.**

**Please e-mail your completed form, along with your CV, to me at [covaleskijj@upmc.edu](mailto:covaleskijj@upmc.edu) by Monday, December 4, 2023**